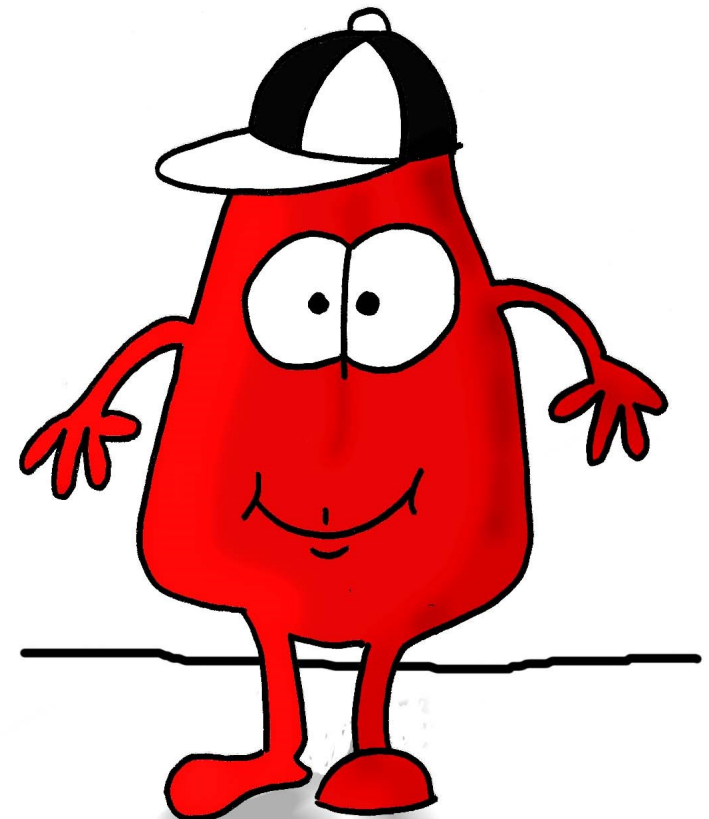
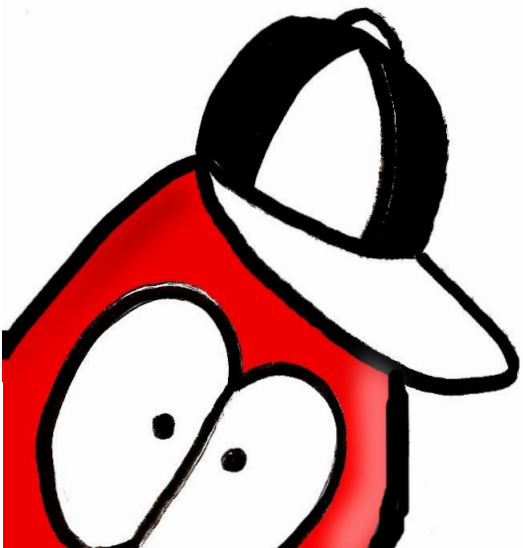


**A day in the life of...**

**MR TONGUE.**

**The End.**



## **How to use this book...**

These are exercises, but must be fun. They can be carried out with an individual child or a small group, by a parent or teacher.

Demonstrate the exercises to the child and join in. Talk about the pictures. Let the child tell the story if he/she wants.

Make deliberate mistakes when doing the actions, e.g. make your tongue go up, instead of down. Ask, "is this right?" making an error, then ask him/her to show you how it should be done.

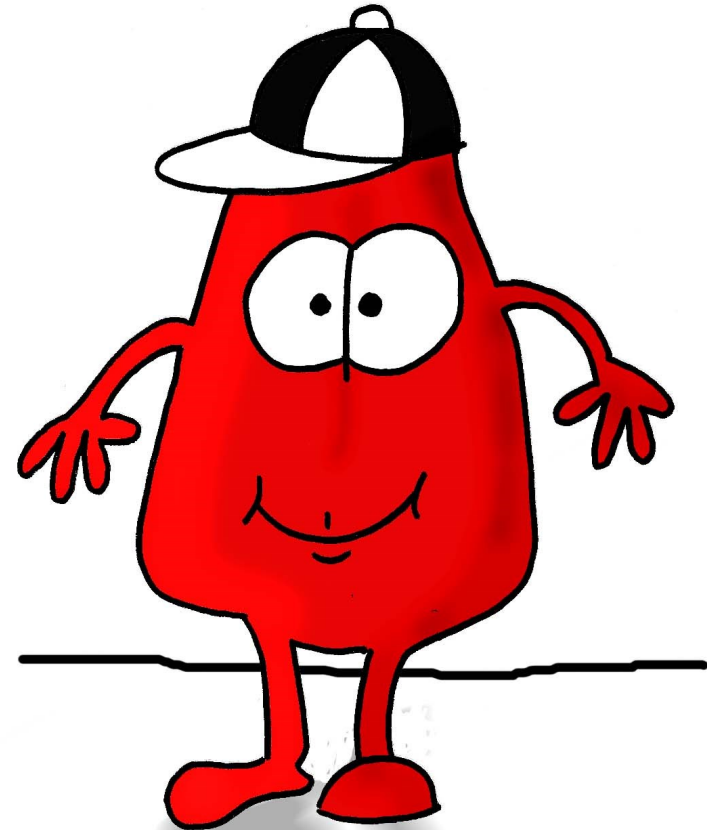
Do not spend too long on the exercises and do not force the child to join in. Do not tell the child that this is going to help his/her speech but keep it fun.

## **This is Mr Tongue...**

He lives in his house... your mouth!

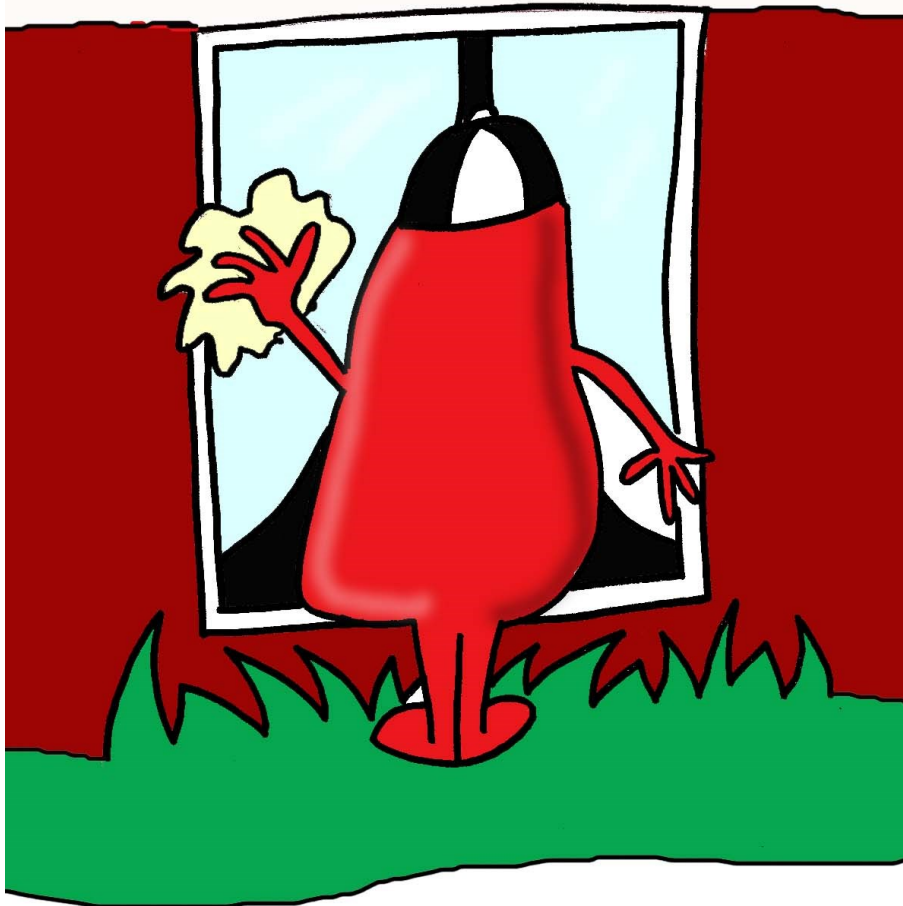
He has lots of windows... your teeth!

He has a door... your lips!



## **Mr Tongue has a job, he is a window cleaner...**

(run tongue around all teeth, first upper set then lower)



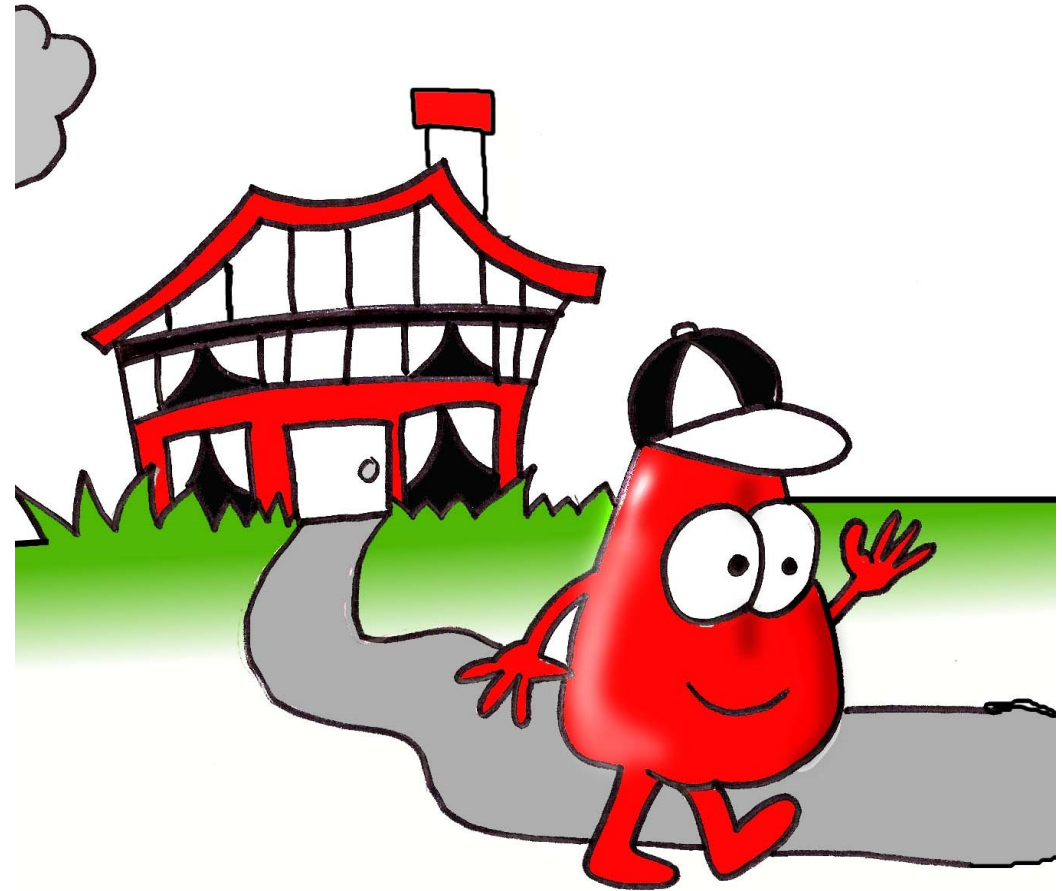
**Mr Tongue went home it was  
getting late...  
He closed the door.**

(make 'la la' sound then close your mouth!)



**Mr Tongue came out of  
his house...**

(stick tongue out straight, pointing at the end)



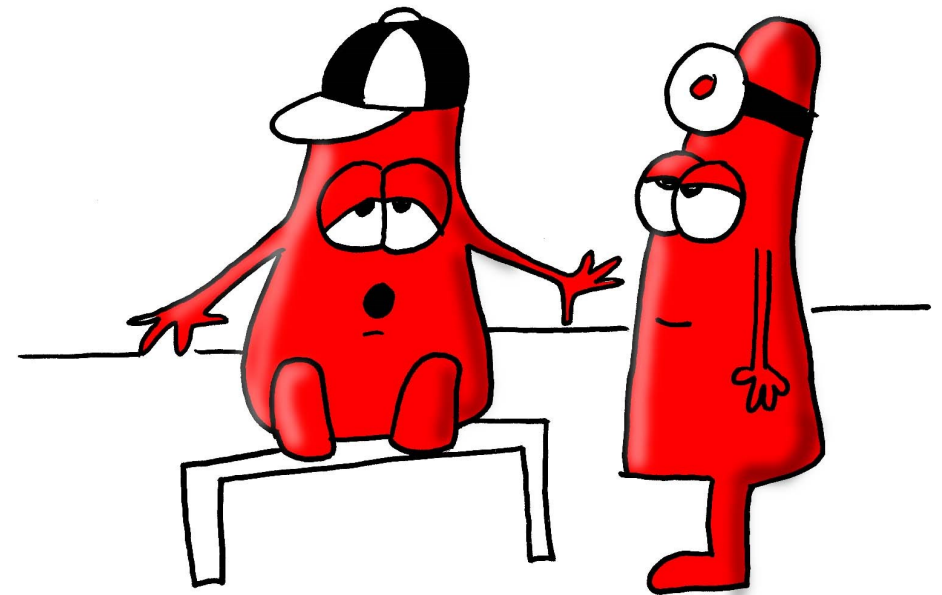
**Mr Tongue looked up at the sky...**

(curl tongue up towards nose)



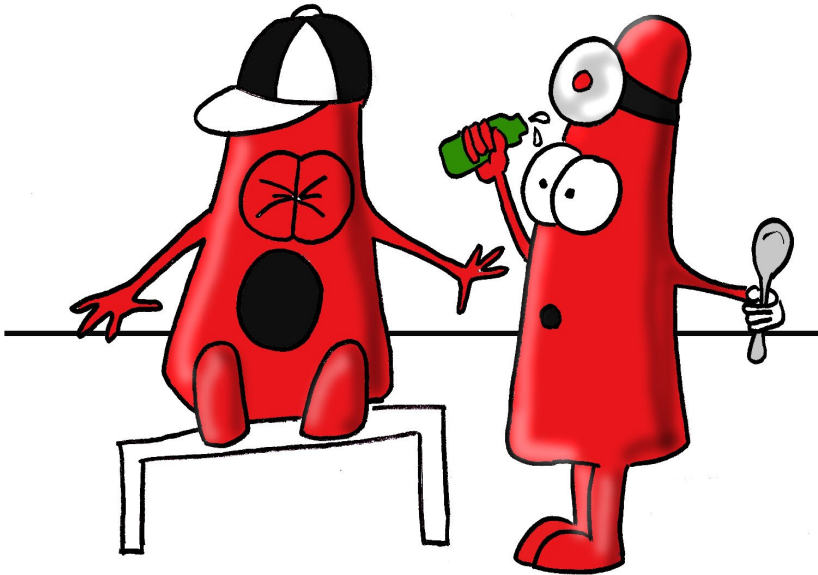
**“Oooo that’s better, what a relief” said Mr Tongue “I better be off now” he said...**

(make small O shape)



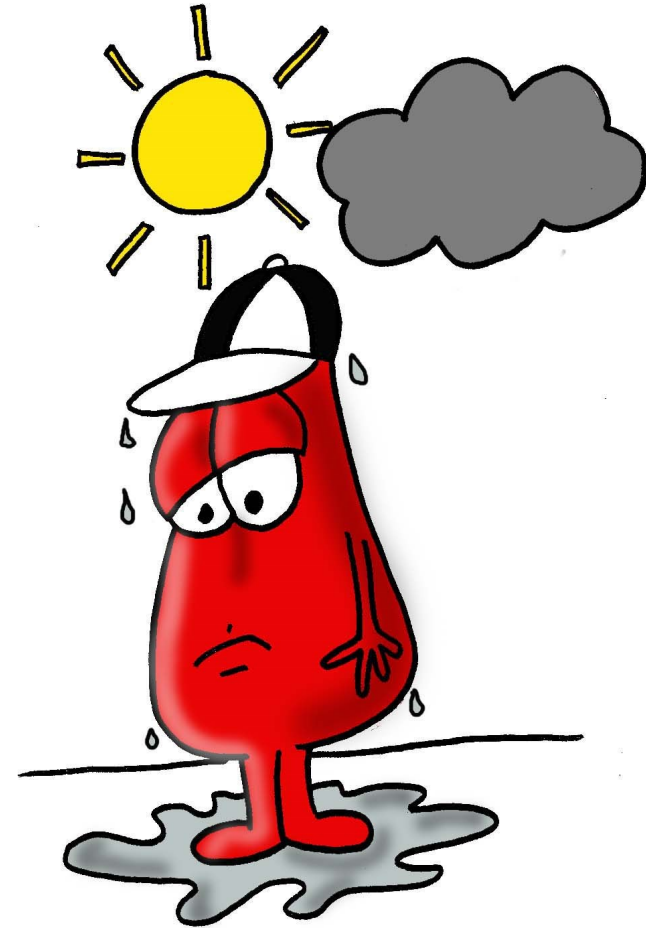
**Ooooo! That's disgusting said  
Mr Tongue...**

(make a big O shape)



**"I'm all wet!" Mr Tongue  
looked down at the puddle...**

(curl tongue down towards chin)



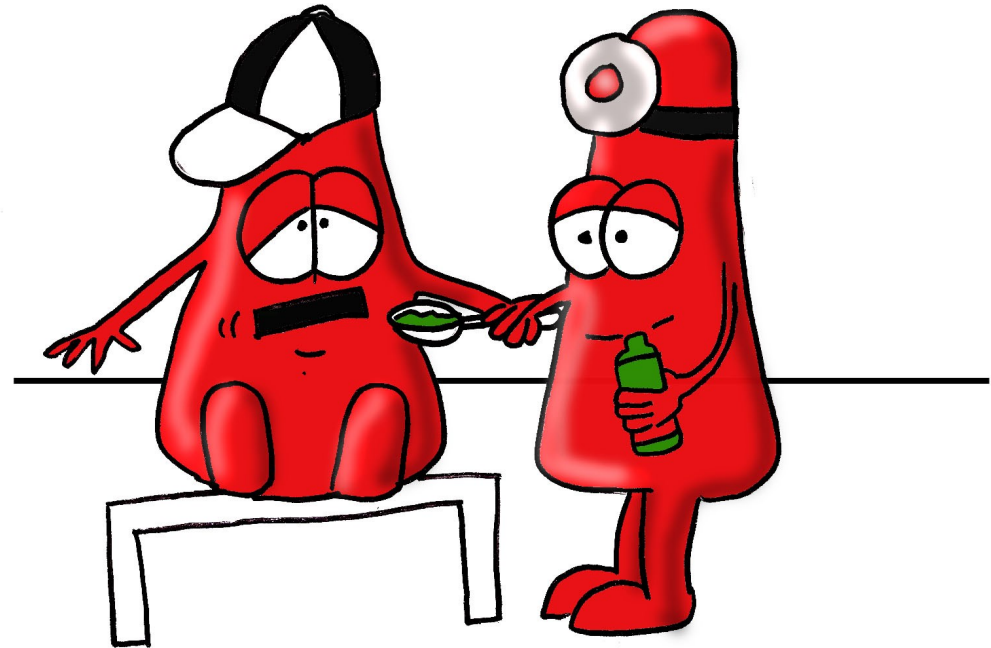
**Mr Tongue began to sneeze  
aaaaaaaaa...**

(make ahhh sound)



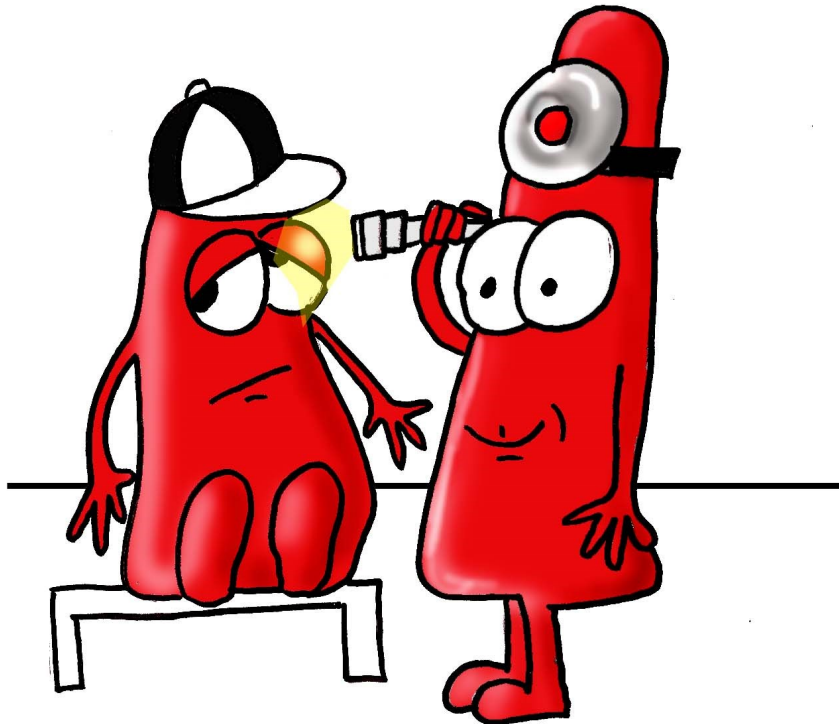
**“Take this medicine” said the  
Doctor, “open wide!”...**

(make eeee grinning shape)



**“Mmmm” said the Doctor, “Ok now look right” he said**

(move tongue to the right corner of mouth)



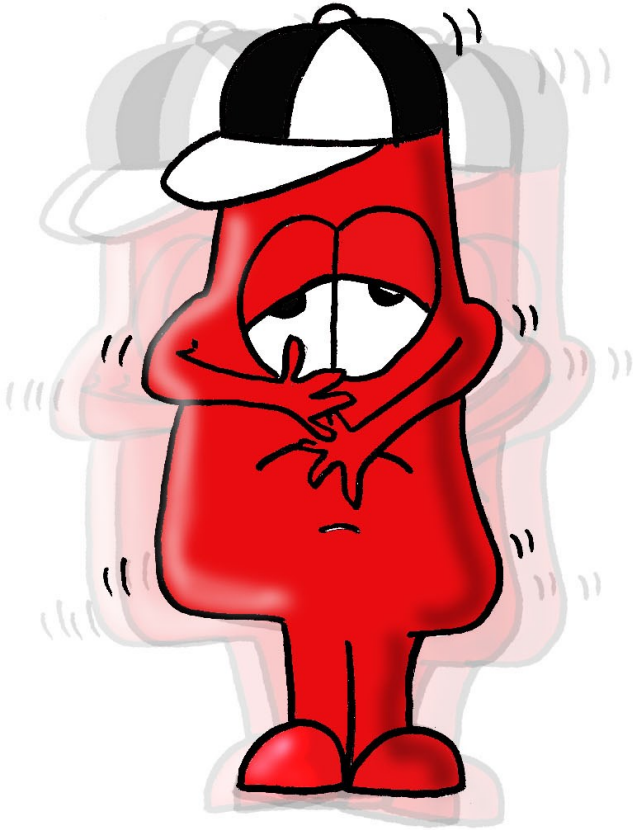
**Chooooooooooooo!!!!!!...**

(make chhh sound)



**Mr Tongue got a cold from the rain, look at him shiver!...**

(move tongue from corner to corner of mouth)



**Mr Tongue went to see the Doctor, “lets see what’s wrong, now can you look left” he said**

(move tongue to the left corner of mouth)

